

Hertfordshire FASD Support Network

For those with FASD, caring for or educating someone with diagnosed or suspected Fetal Alcohol Spectrum Disorder caused by exposure to alcohol in utero.

You're not alone



**SUPPORT
GROUP
AND FASD CLUB**

Bimonthly held on Saturday afternoons 2-4PM in East Herts. Children are supervised while the adults can talk in a separate room.



**COFFEE
AND CHAT**

Bimonthly coffee and chat mornings held on Friday mornings 10:30am to 12:30pm in Ware.

Drop ins & phone support can be arranged on an individual basis.
Talks and training are also available.

Hertfordshire
FASD Support Network

support@hertsfasd.org.uk

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